

RACHEL CATTERMOLE

Beauty Therapist ✦ Makeup Artist ✦ Tropic Ambassador

MASSAGE

Indian Head Massage

Complete upper body massage, concentrating on the scalp.

£47.00 1 hour

Swedish Massage

This type of massage is for relaxation and tension relief.

Back, neck and shoulders

£26.00 30 mins

Face, neck and shoulders

£26.00 30 mins

Hands, arms and feet

£26.00 30 mins

Full body massage

£60.00 75 mins

Tailormade Relaxing Facial

soothing and calming

£47.00 1 hour

£27.00 30 mins

Anti Aging Facial

firming, toning and lifting
(using Gua Sha crystals)

£47.00 1 hour

£27.00 30 mins

Indulgent Drift Away Facial

ultimate relaxation
(includes a foot mask, foot massage, eye mask & scalp massage)

£60.00 75 mins

TROPIC

Visit my Webshop

www.tropicskincare.com/rachelcattermole

Complimentary gift wrap service

CONTACT

Email - rachelcattermolebeauty@gmail.com

Phone - 07917 333449

Facebook - [rachelcattermolebeauty](https://www.facebook.com/rachelcattermolebeauty)

Instagram - [rachelcattermolebeauty](https://www.instagram.com/rachelcattermolebeauty)

Address - The Rowans, High Street, Thorndon,
Suffolk, IP23 7LX (By appointment only)

With any 6 visits receive £10 off your next treatment.

Gift Vouchers Available

O.P.I NAILS

Gel Manicure/Pedicure £32.00

Gel Removal £15.00

(£8.00 if gel being re-applied)

Manicure with Nail Polish £30.00

Treatment Manicure with £30.00

Strengthener

File & Nail Polish £21.00

Pedicure £30.00

MAKEUP

One to One Makeup Lesson £35.00 1 hour

which is completely tailored to your learning needs.

Duo Lessons for learning step by step application. £60.00 75 mins

Pre-Teen Skin Care and Makeup Lesson £25.00 1 hour

(one to one). Learn all the basics in a step by step lesson.

Occasion Makeup application for any special event. £45.00

Bridal Makeup Services £150.00

Includes a trial in 'The Beauty Room', makeup on the day at your chosen venue and finishing touches.

(There may be an additional charge for travel)

WAXING

Lip/Chin or Brow (each) £11.00

Any two areas £20.00

Lip, Brow & Chin £25.00

Half Leg £22.00

Full Leg £32.00

Under Arm £13.00

Basic Bikini £13.00

TINTING

Eyelash Tint £18.00

Eyebrow Tint £14.00

Lash & Brow Tint £26.00

(a patch test is required 48hrs prior to the treatment)

LASH LIFTING

Lash Lift & Tint £40.00

A process designed to lift and curl your natural lashes.
(a patch test is required 48hrs prior to the treatment)